

# Staying Safe Online

Here are some of our top tips for staying safe online

Keep your personal information private – don't share your full name, address, school, or phone number online.

Use strong passwords that are hard to guess. Never share your passwords with anyone except your parents or guardians.

Be careful who you talk to online. If someone you don't know messages you, don't reply and tell a trusted adult.

## Staying safe on your online lesson

Always log in using the official link or platform provided by your tutor

Make sure your background is appropriate or use a blurred/virtual background if possible.

Never share lesson links or passwords with anyone else.

Dress appropriately and act respectfully.

If you ever feel unsafe, upset, or unsure about something online, you can talk to:

- Your parents or carers
- Your tutor
- A trusted adult at school
- Childline – call 0800 1111 or visit [www.childline.org.uk](http://www.childline.org.uk)